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web feb 5 2019 nervousness is a common feeling brought on by your body's stress response this involves series of hormonal and physiological responses that help prepare you to handle a perceived or imagined web definition of nervous 1 as in worried feeling or showing uncomfortable feelings of uncertainty he was nervous about how he would do at the varsity basketball tryouts synonyms similar words relevance worried anxious upset uneasy apprehensive troubled concerned uptight perturbed flustered tense jittery disturbed hesitant jumpy queasy insecure web in biology the nervous system is the highly complex part

of an animal that coordinates its actions and sensory information by transmitting signals to and from different parts of its body the nervous system detects environmental changes that impact the body then works in tandem with the endocrine system to respond to such events web oct 10 2020 nervousness is a tool that your body uses to let you know that you should be afraid and without it you'd have no idea that you need to fight or flee to protect yourself from a threat how to tell if your nervous thoughts are out of control what makes anxiety frustrating at first is that many people do not know they have it web a nervous breakdown also called a mental breakdown is a term that describes a period of extreme mental or emotional stress the stress is so great that the person is unable to perform normal web nervous crossword clue the crossword solver found 60 answers to nervous 3 letters crossword clue the crossword solver finds answers to classic crosswords and cryptic crossword puzzles enter the length or pattern for better results click the answer to find similar crossword clues enter a crossword clue sort by length of letters or pattern web your nervous system affects every aspect of your

health including your thoughts memory learning and feelings movements such as balance and coordination senses including how your brain interprets what you see hear taste touch and feel sleep healing and aging heartbeat and breathing patterns response to stressful situations web nervous see definition of nervous on dictionary com adj anxious fearful synonyms for nervous compare synonyms afraid agitated annoyed apprehensive concerned edgy fussy hesitant hysterical irritable jittery jumpy shaky shy skittish spooked tense timid uneasy uptight volatile weak basket case bothered distressed disturbed excitable fidgety fitful web b appearing or acting unsteady erratic or irregular used of inanimate things climbed carefully into his nervous kayak farley mowat 3 of relating to or composed of neurons 4 marked by strength of thought feeling or style spirited a vibrant tight packed nervous style of writing web jan 6 2023 nervous system organized group of cells specialized for the conduction of electrochemical stimuli from sensory receptors through a network to the site at which a response occurs follow the electrical and chemical changes undergone to transmit an impulse through the human nervous system see

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